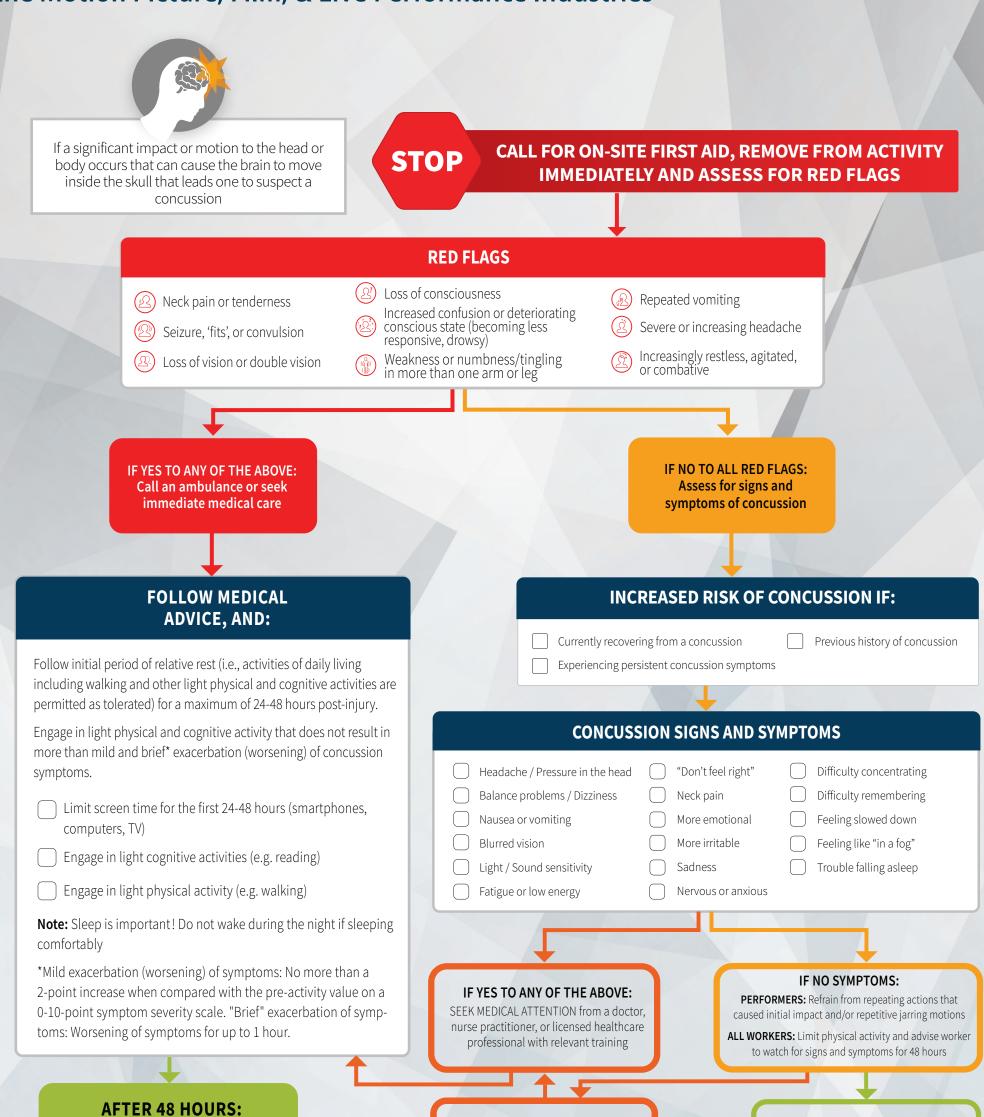
Concussion Awareness, Response, and Management for the Motion Picture, Film, & Live Performance Industries

CONCUSSION AWARENESS @ATT **TRAINING TOOL**



Follow Return to Work strategy Follow Return to Activity strategy Follow Return to School strategy Follow Return to Sport strategy

IF SYMPTOMS **OBSERVED WITHIN 48 HOURS**

IF NO SYMPTOMS **OBSERVED AFTER 48 HOURS**

For more information on concussions, visit cattonline.com.

MENTAL HEALTH

During the course of recovery from () More emotional () Nervousness or anxiousness a concussion, seek medical Irritability Trouble falling asleep attention for mental health Sadness Depression challenges as needed, such as:

RESUME NORMAL ACTIVITY

BC INJURY research and prevention unit act**safe***













This document is an information and educational guide for the live performance industry only, tailored to account for specific requirements and constraints experienced in that industry. The content does not constitute nor is a substitute for professional medical advice or diagnosis. The document is provided with no warranties (express or implied) with respect to its accuracy, currency or suitability, and no liability is assumed by the authors from the use or reliance on this document. Adapted from CATT Concussion Pathway. © BCIRPU. All rights reserved. Version 3: November 2023