

QUESTIONS TO ASK YOUR DOCTOR (For Adults)

If you suspect that you may have a concussion, you should see your doctor right away.
This is a list of questions you can take with you.



INITIAL TREATMENT AND OBSERVATION

What kind of medication can I take?
Does someone need to be with me at all times?

WHAT I CAN DO

Can I eat? Will I have an upset stomach?
What kind of activities can I do at this stage of recovery?

Can I read/use the computer/play video games?
When can I go back to work?
When can I return to physical activity?
Can I drive?

SYMPTOMS

What symptoms should I be watching for?
How soon will symptoms begin to improve?
How long will these problems last?

THE RISKS

What is the risk of a future concussion?
What is the risk of long-term complications?

FOLLOW-UP WITH THE DOCTOR

When should I come back to see you?
Under what circumstances should I call you?
Should a specialist be consulted?
Are there any resources you recommend?

ADDITIONAL QUESTIONS: